

Blood Donation Camps



Saving a life with one's own blood is indeed a very noble and redemptive act. The process stands greatly amplified when the concerned person is a stranger and not one's relative. In case of emergencies many a life is lost either due to the failure in

finding the right donor or shortages in the blood bank.



Blood donation camps are the need of the hour and nobody understands this better than now my home. Voluntary donation is encouraged by way of conducting Blood Donation camps. The camp is conducted under the supervision of qualified medical professionals and blood safety officers in a hygienic and safe manner. To prevent accidental contamination to the donor, disposable gloves and syringes are used in all the blood donation camps. Arrangements are also made to store the collected blood in a scientific manner. Networking with various blood collection centres across the city, now my home

helps meet their requirements by way of its contributions.

Keep City Clean Camp



The city which was once hailed as the 'Garden City of India' has today become a thriving mosquito and disease breeding ground leading to quite a few deaths also. Cleanliness begins at home! It is only when we learn to keep our own surroundings clean can we have cleaner and healthier cities.

now my home is actively and enthusiastically involved and dedicated to the mission of 'Keeping the city clean'. Frequent camps are conducted to educate people about the need for cleanliness, right way of waste disposal, segregation of waste and generating compost manure from waste. Streets around different parts of the city is identified and the people in that particular neighborhood are motivated and mobilized to participate in cleaning up their surroundings. They are also encouraged to maintain the same momentum.

Educate About HIV Aids



The adage 'Prevention is better than cure' was probably never more appropriate than in the case of HIV Aids. The best weapon to fight against it is Education. Children, youth and adults alike need to be educated about it if one has to prevent this from becoming an epidemic that can claim countless lives. And, with so many

thriving misconceptions and misgivings, the society at large needs to be presented true facts on the disease and prevent the marginalization and ostracization of the suffering.

As part of its social awareness initiative, now my home has clearly defined programs for different categories of people who need to be provided the right information about HIV AIDS. Different teaching aids are used like charts, videos, street plays, etc to get the message across. People are taught on how to avoid, prevent, the precautions to be taken, importance of taking medications, periodic check-ups, how to handle a HIV eye patient at home and workplace, etc.

Summer Camps



In keeping with its mission of making children happy and lighting up their faces with smile, now my home arranges summer camps for the less privileged and also for those who can afford to pay the fees. Popular games like Football, Cricket and Basketball is taught by experts.

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now my home trust®
(Foundation for the poor people)

OUR MISSION

"Now my home wishes to be an institution which makes a positive difference in the lives of the people it touches and reaches out to. The mission is also to care for the uncared, love the forgotten, comfort and give solace to the souls in pain, suffering and want."

OUR VISION

"Now my home has the noble vision of reaching out to as many people as possible not only in Bangalore but also across the state. The institution envisions now my home emerging as a Haven and Peaceful Abode to many."



What we do...



now my home is an institution with a difference. Unlike many who concentrate on only one section of the society, now my home follows a simple motto of reaching out to as many people as possible who are in pain,

suffering and essentially on the edge of society's intervention. For a soul in distress what is needed the most is warmth and comfort of a loving presence much more than money. More than sympathy what they need is help to get their lives back on track.

now my home essentially works with and for the following:

- Blind kids
- Orphans and semi orphans
- Elderly
- Mentally and physically challenged
- Educate for HIV/AIDS

now my home has a practical line of programs and activities to cater to the needs of the different sections. From medical help to education to creating social awareness and fighting the cause of iniquity, meticulous planning and total involvement ensures the positive development of all.



Children are given special attention. Free education is provided to them. Their health is monitored with frequent check-ups. Nutritious food is provided for healthy growth and normal development. now my home believes in showering love on the children who are mostly orphans and lack the privilege of experiencing parental love. The

children are also taught to love and care for each other so they are united as one big family and there is strong bonding between them. They are encouraged to confidently and fearlessly dream and all support is given to help them realize their dreams.

In the case of older children an attempt is made to identify their inborn talents and relevant vocational training is provided to help them earn their livelihood. Pep talks are generally given to children of all age groups to encourage, motivate and guide them about their future.

Self- Defense Camp

now my home provides free self-defense training for girls across all age groups where martial arts like judo, Taekwondo, Karate, etc and self-defense techniques are taught under the guidance of experts in the field.



Help The Needy



Life on the streets can be tough for destitute and orphan children who do not have a home to go to or a family they can call their own. Their situation worsens when they fall into wrong hands and are exploited for selfish gains. A little genuine love, care and concern can go a long way in winning their trust and adding

dignity and meaning to their lives. After all each human being has a right to live and live with dignity.

Now my home was set up initially as a home for orphan and destitute children. Looking around and realizing how the society has changed and how it has affected many people, the institute realized the need to open up to more and more people. The empty nest syndrome is one such change that is affecting many in their twilight years. In most cases the children are settled abroad and given the distance they are unable to give the time and attention the parents need. Closer home, nuclear families have also added to the woes of many. Time being a major constraint and the need for more earning members in a family has also been major contributors - sometimes it is sheer neglect and the lack of will to look after that makes the plight of the old and sick, heart wrenching.

Now my home is basically for all who need help. Be it children, teenagers, young or old, the institute is meant and open for all irrespective of language, creed, caste or religion.



Health And Medical Camp For Elders



The dwindling joint family culture has paved way for nuclear families which seems to be more a norm today than an exception like in the days of old. Necessitating this is the need for more earning members, the high cost of living, changes in the social fabric, thinking and a general leaning towards being

materialistic. In the bargain, unfortunately for the elderly they get neglected and are left to bear the brunt of twilight years and waning physical strength all on their own, when what they need the most is caring and helping hands.

Now my home does all it can to help the elderly. Given their age it is important for them to stay healthy and have regular medical check-ups. As there are many who cannot make that all important visit to the physician either due to lack of money or mobility issues, now my home offers them quality healthcare by regularly conducting medical camps. The camps are held in various parts of the city so that the maximum number of elderly from various financial and social standing can get the full benefits. The physicians do a basic general health check up like BP, Sugar, etc and medicines prescribed accordingly. If need be a visit to the specialists is also recommended in relevant cases.



Rehabilitation for the Mentally & Physically Challenged

